



# Birmingham Blue Dolphins

Tuesday, January 20, 2009

Eleventh Edition

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## Coaches' Corner

Dear Parents and Swimmers,

We had a nice meet this past weekend. On Saturday, **Sarah Kilbride** and **Kunal Tangri** got us off to a good start by getting their A times in the 50 back leading off the 11-12 medley relays. Then **Annie Reed**, **Sarah Kilbride**, and **Larisa Kokubo** got their A cuts in the 11-12 200 free. **Joe Morgan** (13-14 boy) got his state time in the 200 and **Meghan Gegesky** set a meet record in the 15-18 girls' 200. In the afternoon session we had new state cuts from **Jack Grady**, **Maggie Lawler** and **Caroline Kaleth** in the 50 back and great swims all afternoon from all of our eight and unders...especially **Katie Minnich** and **Alexander Margherio** who won all of their events. The 9-10 boys led by **Bobby Powrie**, **Patrick Olmsted** and **Giorgio Del Grosso** swam great as well. The good swimming continued on Sunday with **Ally Gantner** getting her AA cut leading off the 9-10 free relay. The **Willard sisters** both have the state cut in the 50 breast and we had several 9-10s swimming well in the 100 fly. *Congratulations!!*

Next weekend we will be swimming at the fabled Indy meet...good luck to all of our participants! Next weekend Coach Phil will have a clinic for our non-divers at 1:00 on Sunday at the Y. Please e-mail me to register [kfogarty@ashmi.org](mailto:kfogarty@ashmi.org). The following weekend our national swimmers will provide a clinic. Look for information about that opportunity.

Please remember to get your Cluster entries in...this is a required meet and we expect all swimmers to participate.

**HAVE A GREAT WEEK, KEVIN**

### ATTENTION ALL BBD SENIOR SWIMMERS:

**The Deadline to sign up for Clusters is this Monday January 26th. This meet is mandatory for ALL BBD swimmers. The meet is on the 14th and 15th of February with the 13-14 girls swimming in the afternoon on Saturday and the 13-14 boys, 15-18 girls, and 15-18 boys swimming on Sunday afternoon. There are relays at the beginning and end of the session so plan on being there the entire time. National and Zone qualifiers please choose your other events that you don't have cuts in. I thank you ahead of time for your presence at the meet.**

**Coach MIKE**



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Birmingham, MI 48009

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Email:

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**Everybody Swims!**

**Everybody Wins!**

## Practice Updates for the Upcoming Week...

The following practices are changed for the upcoming week:

**There are no practice updates for the week. Please visit the BBD website for any last minute changes.**

**Attention Parents:** Please visit the website regularly for any changes or updates to the practice schedule. Changes do occur during the week, sometimes with little notice. We do our best to inform you of these changes as soon as possible. The most effective way of doing this is on the BBD website, but you must visit the site to be in the know. If you have any questions navigating the website, please send an e-mail to [bbd@htdconnect.com](mailto:bbd@htdconnect.com). For the regular season practice schedule of times and locations and a complete listing of practice updates, visit the Practice Schedule page on [www.birminghambluedolphins.com](http://www.birminghambluedolphins.com).

## Clinic: Diving for Non-Divers

**Clinic:** Diving for Non-Divers  
**Who:** BBD Swimmers  
**Limit:** 15 Swimmers  
**When:** Sunday, January 25, 2009 from 1:00 pm - 2:00 pm  
**Where:** Birmingham Family YMCA  
**Reservations:** E-mail Kevin Fogarty @ [kfogarty@ashmi.org](mailto:kfogarty@ashmi.org). You will be notified if the clinic is already full. Due to the demand for clinics, respond early and please **be sure your swimmer attends if signed up**. There is no charge for BBD technique clinics.

## Time to Sign up for the 2nd and 3rd National Team Clinics



The BBD National Team is again offering Instructional Clinics at the Birmingham YMCA. The second set of clinics is on Sunday, Feb. 8 at noon for the 9-12 year olds and at 1 p.m. for the 8 & Unders. The third clinic is for 9-12 only on Sunday, Feb. 22 at noon. These popular clinics are taught with a low swimmer/instructor ratio and the instructors get in the water! What a great opportunity to learn more about the sport while interacting with a fellow BBD swimmer. These clinics are a fundraiser for the national team to help defray costs associated with their trip to the national meet in Florida. The spots go fast, so hurry up and sign up for the 8th!

### 2/8/09 Dates and Times

9 -12	Sunday 2/8	Noon-1:00 pm
8 & Under	Sunday 2/8	1:00-2:00 pm

### 2/22/09 Dates and Times

9 -12	Sunday 2/22	Noon-1:00 pm
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**Cost:** \$20 for a one hour clinic

**Register:** E-mail Coach Kevin at [kfogarty@ashmi.org](mailto:kfogarty@ashmi.org)

## Meet Entry Update

- Clusters meet entry is due Monday, January 26 by 10:00 p.m. Your entry must be done on Direct Athletics. No entry times are required. Entry times will be the best times in the BBD system.
- 8 and Under State meet entry packet is posted on website. Entries are due Monday, February 2 by 10:00 p.m. There are no qualifying times for this meet. Every 8 and under swimmer who has satisfied the 3 YMCA requirement should attend this meet.
- For the Circle City meet this weekend, please check the psyche sheets posted on the website for swimmers entered in the Friday events. Some BBD swimmers are alternates that night and some did not made the top 5 heats and will not be swimming. We may get revised psyche sheets this week and they will be posted on the website.
- Swimmers entered in the Circle City Meet who do not have time proofs for the cut in the BBD system are also on the website. Please remember to pay your fees before leaving the meet if your swimmer does not have the proof and does not swim the cut time at the meet.

Remember to check Team Manager Online entries about a week following entry deadlines. If there are any issues with your swimmer's entry, contact the entry chair immediately.

### A Max & Erma's Spirit Night When? Where?

This opportunity was created for you and your swimmer to eat with friends and gear up for finals. And the Strong Kids Campaign gets 20% of our total receipts. Please print out the coupon for your Spirit Night posted on the BBD website. (January 29 dinners need January 29 coupons and vice versa.) Bring the whole family! Ride share. Practices were scheduled to accommodate this event. Buy your coach a sundae!

Bring your BBD T-Shirts (or any T-Shirt) for teammates to autograph. We will have fabric pens. Please mark this special event on your calendars. The kids will have a great time!

AGE GROUP	DATE	DINNER TIME	PRACTICE TIME
9 & 10	January 29	4:30	6:00
8 & Unders	January 29	6:00	4:30
11 & 12	February 5	5:00	7:00
13 & Ups	February 5	5:00	7:00

**Max & Erma's Restaurant, 250 E. Merrill St. Birmingham – (248) 258-1188 Public parking on Pierce St.**

## ~ BBD Boosters need you ~

### Cluster Championship Program Advertising

BBD is selling advertising space in the program for our upcoming Cluster Championship Meet, February 14-15, 2009. BBD is hosting this event once again this year, and it costs money! Advertising dollars will be used to pay for the costs associated with the meet.

#### Ideas for Ads:

- ▶ Parents/grandparents take out ads to encourage/support their swimmers
  - ▶ sell to local businesses, schools and employers
  - ▶ summer swim clubs often buy ads to support their team members and promote membership
- ▶ our meet is in Birmingham - visit some local businesses in that area to see if they would be willing to have the name of their establishment in an ad that would be seen by hundreds of people sitting in stands for nearly 20 hours during a single weekend.

### Heat Winner Sponsorships for Clusters

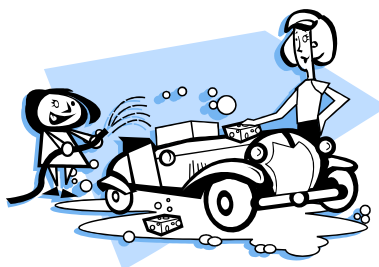
Let's make this meet fun for our swimmers! How? By sponsoring a heat! When you sponsor a heat, you donate \$20.00 to the BBD Boosters. BBD purchases a \$10.00 gift card (Target or iTunes), and your name and a message is read by the announcer at the meet just prior to your sponsored heat. The winner of the sponsored heat will receive the gift card, and the extra money will go to support BBD. Examples:

- "This heat winner award is sponsored by the Blumenthal Family. Swim Fast, Marissa. Good luck this championship season!"
- "This heat winner award is sponsored by Different Strokes Swim Shop. Everything for your swimming needs."
- This heat winner award is sponsored by the Beverly Hills Athletic Club. Go Sharks -make us proud."

### Cluster Meet Volunteer Information

BBD is the host of the YMCA Cluster Fun Meet held at Birmingham Seaholm High School on Saturday February 14 and Sunday February 15. There are many volunteer positions that need to be filled to run a great meet. One of the many BBD parent responsibilities is to volunteer for the meets hosted by BBD. At least one parent is expected to volunteer for each session you have a swimmer competing. Available volunteer positions are posted on the website.

Contact Lisa Milton @ [LTMilton@brmb.com](mailto:LTMilton@brmb.com) to get your name on the volunteer list. The positions are filled on a "first come, first served" basis. The volunteer list is updated every 3 to 4 days. Therefore a position may appear to be available that has already been filled. When requesting your volunteer position please indicate your first, second and third preference. If you are not sure what position to volunteer for, Lisa can help. Thanks!!!



# BIRMINGHAM BLUE DOLPHINS SWIM TEAM

## Promotional Advertising Form

Eastern District Cluster Championships

February 14-15, 2009

Name: \_\_\_\_\_

Address: \_\_\_\_\_

E-mail address: \_\_\_\_\_

Contact Person: \_\_\_\_\_

Phone: \_\_\_\_\_

Authorized  
Signature: \_\_\_\_\_

Indicate size of ad requested.

- |                          |                                |          |
|--------------------------|--------------------------------|----------|
| <input type="checkbox"/> | Full Page Advertisement        | \$100.00 |
| <input type="checkbox"/> | 1/2 Page Advertisement         | \$50.00  |
| <input type="checkbox"/> | 1/4 Page Advertisement         | \$25.00  |
| <input type="checkbox"/> | Business Card Advertisement    | \$15.00  |
| <input type="checkbox"/> | Family Advertisement 3.5" x 2" | \$15.00  |

Please make checks payable to "BBD Boosters", and mail or deliver to:

Cathy Edwards  
3865 Shellmarr Lane  
Bloomfield, MI 48302

Please attach camera ready copy of ad or e-mail an electronic copy to [ckjedwards@comcast.net](mailto:ckjedwards@comcast.net) .

**All ads are due no later than Friday, February 6<sup>th</sup>**

# **BIRMINGHAM BLUE DOLPHINS SWIM TEAM**

Eastern District Cluster Championships

February 14-15, 2009

## **HEAT WINNER SPONSORSHIP FORM**

**Sponsor's Name:** \_\_\_\_\_

**Message:** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Contact Person:** \_\_\_\_\_

**Phone:** \_\_\_\_\_

**E-mail:** \_\_\_\_\_

**Sessions/age groups meet sponsor or sponsor's family will be attending:**

\_\_\_\_\_

**(if possible, we will try to mention your sponsorship while you or your children are attending the meet)**

Please make your \$20.00 sponsorship check payable to "BBD Boosters" and mail or deliver to:

**Teryl Murphy  
447 Huntmaster Ct;  
Bloomfield Hills, MI 48304**

**All sponsorships are Due Thursday, February 6<sup>th</sup>, 2008** (by Thursday, January 31st, if you want to be identified in the Meet Program)

## Beverage Donation for Cluster Meet

Each family is asked to bring a beverage donation for concessions (please name brands only). Please bring your beverage chilled. Leave your pop/water at the concession stand when you arrive for warm-ups. Proceeds benefit BBD: empty cans benefit the BBD National Team. Thanks in advance for your donation.

A-F Diet Coke 12 pack

G-L Coke or Pepsi

M-O Sprite

P-Z One (1) case water (16 oz bottles)



## Newsletter and Web Site Information

The information found in the newsletters and on the website will help guide you through the 2008-2009 BBD swim season. The newsletter will be available each Monday morning for downloading from the website. The website will have information such as meet entries, practice schedule, coaches information, etc. We will also inform you, on the website, of any changes such as unexpected practice changes. Please take the time to see what is available on [www.birminghambluedolphins.com](http://www.birminghambluedolphins.com). Also, if you have any suggestions, questions or comments, please feel free to send an e-mail to [bbd@htdconnect.com](mailto:bbd@htdconnect.com). Thank you.



**Everybody Swims! Everybody Wins!**

