



# Birmingham Blue Dolphins

Monday, October 6, 2008

Second Edition

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**Everybody Swims!**  
**Everybody Wins!**

## Coach's Corner

Hello Parents and Swimmers,

I hope you're all enjoying your first few weeks of swimming. Here are a few reminders....

- ▶ All 9-12 year old swimmers need to bring fins to practice. We'd like to start using them this weekend.
- ▶ Remember to escort all swimmers who are not yet driving themselves into and out of the practice sites. At Derby, if there are two practices, the swimmers in the first practice must wait inside of the pool area for their rides so that the coaches can run the second practice. At Cranbrook, parents **MUST** walk into the pool to drop off their swimmer, and come into get them at the end of the practice. Please, no exceptions! We've already had swimmers dropped off at sites where practices had been canceled due to high school swim meets. It's all about safety.
- ▶ Our meet is posted and you may enter your swimmer in their first meet. In the first meet it is acceptable to enter swimmers with a NT (no time). After the first meet swimmers must use real or estimated times for seeding purposes.
- ▶ Our first clinic of the season will be October 19<sup>th</sup>. See details on page three of this newsletter. There is no charge for the clinic.

Have a great week!

*Kevin*

### **Meet Entry Deadline is Wednesday, October 8th @ 10:00 pm**

Please be sure you submit your meet entries for the BBD Fall Festival Meet and Sunday Fun Meet before the deadline. We are unable accept late entries for meets. If you have questions about the meet entry process, BBD parents will be available today for Q&A sessions at each practice location. See page two of the newsletter or website for details.

## Meet Entries Posted to the Website...

Entries for the following meets are now posted to the BBD website:

- **BBD Fall Festival Meet (Deadline Wednesday, October 8th @ 10:00 pm)**
- **BBD Sunday Fun Meet (Deadline Wednesday, October 8th @ 10:00 pm)**

Visit the **Schedule & Entries** page on the website for details and deadlines.

## Meet Entries Update...

Meet information packets have been posted on the Schedule and Entries page for the Fall Festival Meet and the Sunday Fun Meet. Deadline for entry in either meet is Wednesday, October 8 at 10:00 p.m. Entries must be made on-line through [www.directathletics.com](http://www.directathletics.com). You will receive an email from Direct Athletics with your user id and password from Direct Athletics on Monday, September 29. You will receive a user id and password for each swimmer you have registered with BBD. If you do not receive an email from Direct Athletics by 5:00 p.m. on Monday, September 29 please contact Susan Withrow at [svarnerwithrow@comcast.net](mailto:svarnerwithrow@comcast.net).

BBD is still working on on-line payment for meet entries using Paypal. At this time you will still need to send a check for meet entry fees for the Fall Festival and Sunday Fun Meets. Please send the checks made out to BBD Boosters to: Susan Withrow, 2840 Lakewoods Ct, Orchard Lake, MI 48324. When Paypal is operational it will be posted on the website. Thank you.

## Meet Entry Help...Q&A Session for Parents

Some of BBD our age group parents and board members will be at practice on **Monday, October 6th**, to help guide you through your first meet entry and answer any questions you might have about BBD. Suits and fins ordered from Different Strokes will also be available for pick-up at this time. Please take this opportunity to stop by even if your child isn't swimming and ask any questions you might have.

- 8 and unders      4:30 pm @ YMCA near the pool viewing area
- 9/10's              5:30 pm @ Derby in the hallway outside the locker rooms
- 11/12's             5:30 pm @ YMCA near the pool viewing area
- 13 and up         7:00 pm @ Cranbrook in the glass viewing area over the pool

Bring your copy of the meet entry, downloadable from the BBD website's [Schedule & Entries](#) page.

## Practice Updates for Week of 10/6/08...

The following practices are changed for the upcoming week:

- ▶ **Tuesday 10/7**                      9-10's NO PRACTICE  
   13 & up - 7:30 - 9:00 @ Cranbrook
- ▶ The regular practice schedule is still tentative. Once we have determined attendance at each of the practices we may adjust the schedule accordingly.

**Attention Parents:** Please visit the website regularly for any changes or updates to the practice schedule. Changes do occur during the week, sometimes with little notice. We do our best to inform you of these changes as soon as possible. The most effective way of doing this is on the BBD website, but you must visit the site to be in the know. If you have any questions navigating the website, please send an e-mail to [bbd@htdconnect.com](mailto:bbd@htdconnect.com). Thank you.

For the regular season practice schedule of times and locations and a complete listing of practice updates, visit the Practice Schedule page on [www.birminghambluedolphins.com](http://www.birminghambluedolphins.com).

## First Clinic (10/19): Diving for Non-Divers

- Clinic:**                              **Diving for Non-Divers (swimmers who still jump off the block feet first)**
- Who:**                                BBD Swimmers
- Limit:**                              15 Swimmers
- When:**                             Sunday, October 19, 2007 from 1:00 pm - 2:00 pm
- Where:**                            Birmingham Family YMCA
- Reservations:**                E-mail Kevin Fogarty @ [kfogarty@ashmi.org](mailto:kfogarty@ashmi.org). You will be notified if the clinic is already full. Due to the demand for clinics, respond early and please **be sure your swimmer attends if signed up**. There is no charge for BBD technique clinics.

**The 2008-2009 meet schedule, meet entries and important deadlines now are available on the BBD website.**

## Beverage Donations for Fall Festival and Sunday Fun Meets



Each family is asked to bring a beverage & ice donation for concessions (please, name brands only), for each session they participate in. Leave your pop/water/ice at the concession stand when you arrive for warm ups. Proceeds benefit BBD; empty pop cans benefit the BBD National Team. Thanks in advance for your donation!



Last Name Begins With...

- ▶ **A-C**      **Coke or Pepsi 12-pk**
- ▶ **D-G**      **One case water (16oz bottles)**
- ▶ **H-K**      **Diet Coke 12-pk**
- ▶ **L-P**      **One case water (16 oz bottles)**
- ▶ **Q-Z**      **Sprite or Diet Sprite 12-pk**

## Sign up to Volunteer at BBD Meets

BBD is the host of the Fall Festival and Sunday Fun Meets on Saturday October 25th and Sunday October 26th. There are still volunteer positions that need to be filled. One of the many BBD parent responsibilities is to volunteer for the meets hosted by BBD. At least one parent is expected to volunteer for each session you have a swimmer competing. Available volunteer positions are posted on the website at the [Fall Festival 2008](#) link.



Contact Lisa Milton @ [LTMilton@brmb.com](mailto:LTMilton@brmb.com) to get your name on the volunteer list. The positions are filed on a "first come, first served" basis. The volunteer list is updated every 2 to 3 days. Therefore a position may appear to be available that has already been filled. When requesting your volunteer position please indicate your first, second and third preference. If you are not sure what position to volunteer for, Lisa can help. Thanks!!!

*Important Note: Please stay updated to the BBD website for important updates for the BBD Fall Festival Meet and Sunday Fun Meet. Just simply click on the [Fall Festival 2008](#) link on the home page. Thank you.*

## BBD Strong Kids Campaign - Kroger Card Update 10/6/08



A friendly reminder to use your KrogerCares Cards. **Strong Kids Campaign (SKC)** offers financial help to families and swimmers at the Birmingham YMCA. Over the next month, your participation will tell us if the program works. Don't forget the **mechanics**: load cash onto your card before cashing out your groceries. Sometimes there is a 5 minutes time delay for your card to be updated. Also, don't let your card fall below \$0.01 as it will become inactive.

Please email me with your **opinions and suggestions**. If SKC is to be successful, it not only needs your participation, it needs your support. Do you want to continue with the can-drive? We would like to keep a program that involves our swimmers, and involves families that do not shop at Kroger. Your opinions count: [carinmichaels@gmail.com](mailto:carinmichaels@gmail.com) And a big THANKS!



### Newsletter and Web Site Information

The information found in the newsletters and on the website will help guide you through the 2008-2009 BBD swim season. The newsletter will be available each Monday morning for downloading from the website. The website will have information such meet entries, practice schedule, coaches information, etc. We will also inform you, on the website, of any changes such as unexpected practice changes. Please take the time to see what is available on [www.birminghambluedolphins.com](http://www.birminghambluedolphins.com). Also, if you have any suggestions, questions or comments, please feel free to send an e-mail to [bbd@htdconnect.com](mailto:bbd@htdconnect.com). Thank you.



**Everybody Swims! Everybody Wins!**

